

Accredited Continuing Education

“Commit to Sit: Transforming Patient Experience One Conversation at a Time”

**Tuesday, September 22, 2026
7:30 p.m. – 8:30 p.m.**

Presenter:
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Denton, Texas

Location: Virtual via MS Teams – [Click here](#) or scan QR code.

Objectives: Upon completion of this activity, the participants should be able to:

- Identify the benefits patients experience when nurses consistently use the Commit to Sit approach.
- Describe strategies for effectively incorporating the Commit to Sit practice into daily nursing workflows.
- Discuss methods for measuring and evaluating outcomes associated with the Commit to Sit initiative.



Target Audience: This activity is designed for nurses.

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Designation of Credit:

Nursing: Texas Health Resources designates this activity for 1 contact hour.

Format: Didactic presentation with Q&A.

Questions about presentation – email AprilConway@texashealth.org