

# Education & Learning Council Series 2026

## “Alcohol Withdrawal Syndrome Management in the Inpatient and Detoxification Unit Settings”

Friday, June 19, 2026, Noon – 1 p.m.

*Presenter:*

**Robert “Cole” Pueringer, M.D.**

Hospitalist, Medical Toxicologist  
Addiction Medicine Specialist  
Essentia Health  
Duluth, Minnesota



**Location:** Join virtually on Microsoft Teams – [Click here](#) or scan QR code to the right



**Objectives:** Upon completion of this activity, the participants should be able to:

- Summarize the pathophysiology of alcohol withdrawal syndrome (AWS) and how this informs the choice of pharmacotherapy.
- Describe the general management of AWS, including initial risk assessment and the benefits of different dosing severity scales and medication regimens.
- Outline the benefits and rationale for different pharmacotherapies in the management of AWS, including phenobarbital, benzodiazepines, and mixed regimens.
- Describe a framework for initiating treatment of alcohol use disorder in the inpatient setting.

**Target Audience:** This activity is designed for physicians. We also invite physician assistants, nurses/advanced practice nurses and all others.

**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



**Designation of Credit:**

*Physicians:* The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*Nurses:* Texas Health Resources designates this activity for 1 contact hour.

**Format:** Didactic presentation with case presentation and Q&A session

**Questions?** Email [THRJA@texashealth.org](mailto:THRJA@texashealth.org)