

Pharmacy Grand Rounds

“Too Much of a Good Thing: Mastering Serotonin Syndrome”

Wednesday, June 10, 2026, Noon – 1 p.m.

Presenter:

Reem Ahmad, PharmD

PGY1 Pharmacy Resident

Texas Health Harris Methodist Hospital Fort Worth
Fort Worth, Texas



Location: Join virtually on Microsoft Teams – [Click here](#) or scan QR code to the right

Objectives: Upon completion of this activity, the participants should be able to:

- Describe the underlying pathophysiology of serotonin syndrome.
- Review the signs and symptoms of serotonin syndrome and differentiate from neuromuscular malignant syndrome (NMS).
- Identify common precipitating medications and assess high-risk clinical scenarios associated with serotonin syndrome in hospitalized patients.
- Initiate appropriate evidence-based management strategies, including supportive care, pharmacologic interventions, and indications for escalation of care.



Target Audience: This activity is designed for pharmacists. We also invite pharmacy techs, physicians, nurses and all others to attend.

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Designation of Credit:

Pharmacists/Pharmacy Techs: Texas Health Resources designates this knowledge-based activity for 1 ACPE credit.

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Texas Health Resources designates this activity for 1 contact hour.

Format: Didactic presentation with Q&A session

Questions? Email kristinaolmos@texashealth.org