

NICU GRAND ROUNDS

Tuesday, June 23, 2026 | Noon – 1 p.m.



Join us Online or In Person!



Join Us
"In
Person"
or
"Online"

IN-PERSON FORUM

Haggard Hall
Fogelson Bldg. | Ground Fl.
Texas Health Presbyterian Hospital Dallas
8200 Walnut Hill Lane | Dallas, TX 75231
LUNCH PROVIDED

MICROSOFT TEAMS
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Click the Link
JOIN Meeting NOW!

Call In
(Audio Only)

Dial: 682-273-0674
Conf ID: 804293560#



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Licensed Psychologist and Founder | Behavioral Health Dallas, PLLC.
Dallas Texas

“The Weight We Carry: Navigating Moral Distress, Compassion Fatigue and Burnout in the NICU”

Objectives:

- Define and differentiate moral distress, compassion fatigue, and burnout.
- Identify common triggers, signs, and symptoms associated with each.
- Explore evidence-based coping strategies to support personal well-being, team resilience, and patient care.
- Recognize the importance of a team-based approach to wellness, emphasizing shared responsibility across the care team.



Target Audience: This interprofessional activity is designed for physicians and nurses. We also invite all others who care for neonates to attend.

Format: Didactic lecture with question-and-answer session

Accreditation:

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Texas Health Resources designates this activity for 1 contact hour.



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INTERPROFESSIONAL CONTINUING EDUCATION

Additional Information: Visit our webpage at <https://ce.texashealth.org> or email THRJA@TexasHealth.org