

“Evaluation and Management of Shoulder Pathology with Reverse Total Shoulder Arthroplasty”

Tuesday, May 5, 2026, Noon – 1 p.m.

Presenter:

Daniel Aldrich, M.D.

President and Managing Partner
Lake Pointe Orthopaedics
Rockwall, TX

Location: In person in the Conference Center at Texas Health Rockwall Hospital, 3150 Horizon Rd, Rockwall, TX 75032 or

Join virtually on Microsoft Teams – [Click here](#) or scan QR code to the right

Objectives: Upon completion of this activity, the participants should be able to:

- Describe basic shoulder anatomy and the function of the rotator cuff.
- Identify common causes of shoulder pain, including arthritis and rotator cuff tears.
- Recognize indications for reverse total shoulder arthroplasty (RTSA).
- Outline key aspects of postoperative care and rehabilitation after RTSA.
- Describe roles of the interprofessional team in perioperative and postoperative RTSA care.



Target Audience: This interprofessional activity is designed for physicians and nurses. We also invite physical therapists and all members of the orthopedic healthcare team.

Accreditation:

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Texas Health Resources is a Texas CCAP Accredited Provider by the Texas Physical Therapy Association, APS#: 611066TX.

Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Texas Health Resources designates this activity for 1 contact hour.

Physical Therapists/Physician Therapist Assistants: Texas Health Resources designates this activity for 1 CCU.

Format: Didactic presentation with Q&A session

Questions? Email THRJA@texashealth.org