

Pharmacy Grand Rounds

In-Person
and
Virtual

“ Battling the Blockers: Unraveling Beta and Calcium Channel Blocker Toxicity”

Thursday, April 30, 2026, 2 p.m. – 3 p.m.

Presenter:

Lisa Nefzger, PharmD

PGY2 Emergency Medicine Pharmacy Resident
Texas Health Harris Methodist Hospital Fort Worth
Fort Worth, Texas



Location: Armstrong Auditorium, Texas Health Harris Methodist Hospital Fort Worth, 1301 Pennsylvania Avenue, Fort Worth TX 76104 or
Join virtually on Microsoft Teams – [Click here](#) or scan QR code to the right

Objectives: Upon completion of this activity, the participants should be able to:

- Recognize the vital sign and physical exam abnormalities typical of beta blocker (BB) and calcium channel blocker (CCB) overdose.
- Initiate resuscitation of the acute BB/CCB overdose patient.
- Formulate evidence-based recommendations for treatment regimens of the acute BB/CCB overdose patient.
- Pharmacy technicians: Recall typical presentations for BB/CCB overdoses; Describe sterile compounding process for BB/CCB overdoses (high dose insulin)

Target Audience: This activity is designed for pharmacists, pharmacy techs, physicians, and nurses. We also invite other members of the healthcare team.

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Designation of Credit:

Pharmacists/Pharmacy Techs: Texas Health Resources designates this knowledge-based activity for 1 ACPE credit.

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Texas Health Resources designates this activity for 1 contact hour.

Format: Didactic presentation with Q&A session

Questions? Email KristinaOlmos@texashealth.org