

Texas Health Presbyterian Hospital Allen

# Schwartz Rounds

## “The Pleasures and Challenges of Working the Night Shift”

Thursday, April 23, 2026 | 5:45 p.m. – 6:45 p.m.

Texas Health Allen  
Tower B 3<sup>rd</sup> Floor Conference Room

Panelists:

**Feras Sawas, M.D.**

Internal Medicine  
Texas Health Physicians Group  
Allen, Texas

**Beena Sajith, R.N.**

IMC Charge Nurse  
Texas Health Presbyterian Hospital Allen  
Allen, Texas

**Jennifer Vail, R.N.**

ED Charge Nurse  
Texas Health Presbyterian Hospital Allen  
Allen, Texas

**Schwartz Center Rounds is a forum to discuss challenging emotional and social issues in providing compassionate care for patients. This interprofessional activity is designed for physicians, nurses, and chaplains. We also invite allied health professionals and staff to attend.**

**Objectives:** Upon completion of this activity, the participants should be able to:

- Describe the social, emotional, ethical, and personal issues that arise during the care of patients and their impact on caregivers
- Demonstrate enhanced communication with patients, family members and colleagues
- Value opportunities to explore and understand multiple perspectives across disciplines
- Value opportunities to provide and receive support from other members of our healthcare community
- Model for learners' behaviors of nonjudgmental listening and respect

**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This program complies with the continuing education statutes and rules of the Texas Behavioral Health Executive Council.

Texas Health Resources is a Texas CCAP Accredited Provider by the Texas Physical Therapy Association, APS#: 2611066TX.

**Designation of Credit:**

*Physicians:* The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*Ethics:* This presentation has been designated by Texas Health Resources for 1 credit of education in medical ethics and/or professional responsibility.

*Nurses:* 1 contact hour will be provided.

*Social Workers and Licensed Professional Counselors:* 1 CE clock hour will be provided.

*Physical Therapists:* 1 CCU will be provided for PTs and PTAs.

Additional Information: For more information, please contact the CME Department at [THRJA@texashealth.org](mailto:THRJA@texashealth.org)



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INTERPROFESSIONAL CONTINUING EDUCATION