

Multidisciplinary Grand Rounds

Wednesday, March 4, 2026

12:30 p.m. – 1:30 p.m.

“From Density to Destiny: Rethinking Bone Health”

Presenter:

Sarah Khan, M.D.

Internal Medicine, Endocrinology, Diabetes & Metabolism
Southern Endocrinology
Plano, Texas

Attend in person in the GME Classroom (lunch available)
Texas Health Plano – Tower B/1st floor, 6200 W. Parker Rd., Plano, TX 75093

or

Join from your device/desktop via Teams

<https://teams.microsoft.com/meet/23365928081395?p=lwf6mFY4sWHZie56Vg>

Join from your phone Dial 682-273-0674 Conference ID: 207 298 938#

Objectives: Upon completion of this activity, the participants should be able to:

- Identify key risk factors and evolving concepts in the pathophysiology of osteoporosis and osteopenia, including fracture risk beyond bone mineral density
- Apply current evidence-based strategies for screening, diagnostic evaluation, and fracture risk assessment in diverse patient populations
- Compare available pharmacologic and non-pharmacologic treatment options, including mechanisms of action, sequencing strategies, and individualized treatment selection
- Integrate practical clinical approaches to long-term management, monitoring, and prevention of fragility fractures in primary care and specialty settings

Target Audience: This activity is designed for physicians. We also invite nurses to attend the conference.

Format: Didactic presentation with Q&A session

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 1 contact hour will be provided for nursing

Additional Information: Email THRJA@texashealth.org or visit us online <https://ce.texashealth.org>