

Hospital Grand Rounds

“Heart Health Starts Here: Protecting Women’s Health Across All Stages of Life”

Wednesday, March 4, 2026, 7:30 p.m. to 8:30 p.m.

Presenter:

Sridevi Reddy Pitta, M.D.

Interventional Cardiologist

Texas Health Heart and Vascular Specialists

Denton, Texas

Location: Join virtually on Microsoft Teams – [Click here](#) or scan QR code to the right



Objectives: Upon completion of this activity, the participants should be able to:

- Recognize the unique presentation, epidemiology, and risk factors associated with women’s heart health, including sex-specific, hormonal, genetic, and psychosocial contributors.
- Identify women-predominant conditions (such as SCAD, Takotsubo cardiomyopathy, and peripartum cardiomyopathy) and differentiate how these differ from traditional atherosclerotic disease.
- Describe available evidence-based diagnostic, management, and treatment strategies.

Target Audience: This activity is designed for nurses. We also invite physical therapists, paramedics, and all others to attend.

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Texas Health Resources is a Texas CCAP Accredited Provider by the Texas Physical Therapy Association, APS#: 2611066TX.

Texas Health Resources is an approved CE provider for EMS Providers (DSHS Program Approval Number: 600827) through the Texas Department of State Health Services.

Designation of Credit:

- Nursing: Texas Health Resources designates this activity for 1 contact hour.
- Physical Therapy: Texas Health Resources designates this activity for 1 CCU.
- EMS Providers: Texas Health Resources designates this activity for 1 CE credit
- All others will receive a certificate of attendance.

Format: Didactic presentation with Q&A session

Questions? Email KarlaGuier@texashealth.org