

# Behavioral Health Grand Rounds

**Tuesday, February 3, 2026**

**Noon – 1 p.m.**

## **“Non-Suicidal Self-Injury Decoded: Clinical Insights for Interdisciplinary Care Teams”**

Presenter:

**Lori Vann, M.A., LPCS**

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Vann Wellness Group  
Coppell, Texas

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**Objectives:** Upon completion of this activity, the participants should be able to:

- Discuss non-suicidal self-injury from suicidal behavior by understanding the role of intent
- Examine knowledge of various forms of non-suicidal self-injury, including recognition of the 36 distinct injury types
- Strengthen the ability of interprofessional teams to collaboratively assess self-injury behaviors using shared, evidence-based criteria that support consistent risk stratification and coordinated intervention planning

**Target Audience:** This interprofessional activity is designed for psychiatrists and licensed psychotherapists. We also invite psychologists, nurses, occupational/physical/recreational therapists, mental health technicians, clergy, administrators, EMS and other professionals working with behavioral health patients to attend.

**Format:** Didactic presentation with Q&A session

**Accreditation:** In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This program complies with the continuing education statutes and rules of the Texas Behavioral Health Executive Council.

Texas Health Resources is an approved CE provider for EMS Providers (DSHS Program Approval Number: 600827) through the Texas Department of State Health Services.

**Designation of Credit:**

**Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** 1 contact hour will be provided for nursing

**Social Workers and Licensed Professional Counselors:** 1 clock hour will be provided for social workers and licensed professional counselors

**EMS:** 1 CE hour will be provided for EMS providers

**Additional Information:** For more information, please contact [THRJA@texashealth.org](mailto:THRJA@texashealth.org) or visit [ce.texashealth.org](http://ce.texashealth.org)