

Behavioral Health Grand Rounds

Tuesday, February 3, 2026

Noon – 1 p.m.

“Non-Suicidal Self-Injury Decoded: Clinical Insights for Interdisciplinary Care Teams”

Presenter:

Lori Vann, M.A., LPCS

Licensed Professional Counselor Supervisor
Vann Wellness Group
Coppell, Texas

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Objectives: Upon completion of this activity, the participants should be able to:

- Discuss non-suicidal self-injury from suicidal behavior by understanding the role of intent
- Examine knowledge of various forms of non-suicidal self-injury, including recognition of the 36 distinct injury types
- Strengthen the ability of interprofessional teams to collaboratively assess self-injury behaviors using shared, evidence-based criteria that support consistent risk stratification and coordinated intervention planning

Target Audience: This interprofessional activity is designed for psychiatrists and licensed psychotherapists. We also invite psychologists, nurses, occupational/physical/recreational therapists, mental health technicians, clergy, administrators, EMS and other professionals working with behavioral health patients to attend.

Format: Didactic presentation with Q&A session

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This program complies with the continuing education statutes and rules of the Texas Behavioral Health Executive Council.

Texas Health Resources is an approved CE provider for EMS Providers (DSHS Program Approval Number: 600827) through the Texas Department of State Health Services.

Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 1 contact hour will be provided for nursing

Social Workers and Licensed Professional Counselors: 1 clock hour will be provided for social workers and licensed professional counselors

EMS: 1 CE hour will be provided for EMS providers

Additional Information: For more information, please contact THRJA@texashealth.org or visit ce.texashealth.org