

# Behavioral Health Grand Rounds

**Tuesday, September 9, 2025**

**Noon – 1 p.m.**

## **“Eight Essentials for Family Wellness: How Families Can Care for Those with Addiction While Also Caring for Themselves”**

Presenter:

**David Butler, LCDC, CTRS**

Texas Health Resources  
Arlington, Texas

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**Join from your device/desktop via Teams [Join the meeting now](#)**

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**Objectives:** Upon completion of this activity, the participants should be able to:

- Review a brief synopsis of a family recovery program
- Discuss the disease concept of addiction
- Explain the continuing care approach
- Review how interdisciplinary healthcare professionals may use tools from this program to support families in the addiction recovery process

**Target Audience:** This interprofessional activity is designed for psychiatrists, nurses and social workers. We also invite psychologists, occupational therapists, physical therapists, recreational therapists, mental health technicians, EMS, clergy and administrators to attend.

**Format:** Didactic presentation with Q&A session

**Accreditation:** In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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INTERPROFESSIONAL CONTINUING EDUCATION

This program complies with the continuing education statutes and rules of the Texas Behavioral Health Executive Council.

Texas Health Resources is a Texas CCAP Accredited Provider by the Texas Physical Therapy Association, APS#: 2611066TX.

**Designation of Credit:**

**Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** 1 contact hour will be provided for nursing

**Social Workers and Licensed Professional Counselors:** 1 clock hour will be provided for social workers and licensed professional counselors

**Physical Therapy:** 1 CCU will be provided for PTs/PTAs

**Additional Information:** For more information, please contact [THRJA@texashealth.org](mailto:THRJA@texashealth.org) or visit [ce.texashealth.org](http://ce.texashealth.org)