

Multidisciplinary Grand Rounds

Wednesday, September 3, 2025

12:30 p.m. – 1:30 p.m.

“From Fire to Relief: Practical Strategies for GERD and Heartburn”

Presenter:

Atif Saleem, M.D.

Gastroenterology Internal Medicine
Texas Health Physicians Group
Plano, Texas

Attend in person in the GME Classroom (lunch available)
Texas Health Plano – Tower B/1st floor, 6200 W. Parker Rd., Plano, TX 75093

or

Join from your device/desktop via Teams [Join the meeting now](#)
Join from your phone Dial 682-273-0674 Conference ID: 876 680 22#

Objectives: Upon completion of this activity, the participants should be able to:

- Review current understanding of GERD pathophysiology and symptoms presentation
- Distinguish GERD from other causes of upper GI discomfort
- Evaluate the latest evidence on pharmacologic therapies, including PPIs, H2 blockers, and novel agents
- Assess GERD work up, indications, efficacy, and outcomes for endoscopic and surgical interventions

Target Audience: This activity is designed for physicians. We also invite nurses to attend the conference.

Format: Didactic presentation with Q&A session

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 1 contact hour will be provided for nursing

Additional Information: Email THRJA@texashealth.org or visit us online <https://ce.texashealth.org>