

Orthopedic Grand Rounds 2025

In-Person
and
Virtual

“Contemporary Evidence-Based Guidelines for Hip and Knee Osteoarthritis: The Path from Early Diagnosis to Advanced Care”

Tuesday, August 19, 2025, 2 p.m. – 3 p.m.

Presenter:

Elizabeth Diaz, MPAS, MPA, PA-C

Texas Center for Joint Replacement
Texas Health Physicians Group
Plano, Texas

Location: In person in the Sue de Mille Community Room, Texas Health Plano Hospital, 6200 W. Parker Rd., Plano, TX 75093

or Join virtually on Microsoft Teams – [Click here](#) or scan QR code to the right

Objectives: Upon completion of this activity, the participants should be able to:

- Review how the interprofessional healthcare team can incorporate nonoperative management strategies for early and mild hip and knee osteoarthritis, including pharmacological and lifestyle interventions
- Identify the key clinical indices that are known to optimize surgical outcomes for patients undergoing hip and knee replacement
- Address patient inquiries about how surgical technique, robotic technology utilization and institutional standards may affect clinical outcomes



Target Audience: This interprofessional activity is designed for physicians, physician assistants, nurses, and physical therapists. We also invite all members of the orthopedic healthcare team.

Accreditation:

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Texas Health Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria



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Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 1 contact hour will be provided.

Physician Assistants: Texas Health Resources designates this live activity for a maximum of 1 AAPA Category 1 CME credits. Physician Assistants should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapists/Physician Therapist Assistants: 1 CCU will be provided.

Format: Didactic presentation with Q&A session

Questions? Email THRJA@texashealth.org