

Pharmacy Grand Rounds

In-Person
and
Virtual

“Fasting with Faith: Optimizing Patient Care During Ramadan”

Friday, June 20, 2025, Noon – 1 p.m.

Presenter:

Yusra Arshad, PharmD

PGY1 Pharmacy Resident

Texas Health Harris Methodist Hospital Fort Worth
Fort Worth, Texas



Location: Education Center Classroom D, Texas Health Harris Methodist Hospital Fort Worth, 1301 Pennsylvania Avenue, Fort Worth TX 76104 or
Join virtually on Microsoft Teams – [Click here](#) or scan QR code to the right



Objectives: Upon completion of this activity, the participants should be able to:

- Describe the religious and cultural significance of Ramadan.
- Identify common health concerns and challenges for Muslim patients during Ramadan.
- Discuss strategies to foster supportive and empathetic environments for Muslim patients and providers.
- Apply clinical guidelines to support safe fasting practices in patients with chronic diseases.
- Develop culturally sensitive care plans for patients who choose to fast.

Target Audience: This activity is designed for pharmacists, physicians, and nurses. We also invite physician assistants and other members of the healthcare team.

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Designation of Credit:

Pharmacists: Texas Health Resources designates this knowledge-based activity for 1 ACPE credit.

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 1 contact hour will be provided.

Format: Didactic presentation with Q&A session

Questions? Email KristinaOlmos@texashealth.org