

Advanced Practice Provider Conference



Saturday, March 1, 2025

8:30 a.m. – 3:30 p.m.

Omni Hotel Las Colinas

221 Las Colinas Blvd. E. | Irving, TX 75039

TARGET AUDIENCE

The Texas Health Physicians Group advanced practice provider team has developed an annual conference with content promoting professionalism, interprofessional collaboration, quality improvement and patient satisfaction. This interprofessional activity is designed for physician assistants and advanced practice registered nurses. We also invite THPG practice managers to attend.

WEBSITE

ce.TexasHealth.org



8:30 – 9 a.m.

Registration & Breakfast

9 – 9:50 a.m.

Enhancing Physician/APP Communication: Connecting with Compassion

Jessica Dudley, M.D.

- Discuss APP communication, including the power of empathy and making the human connection
- Describe how respect/courtesy, listening well and explaining care looks like through the patient lens

10 – 10:40 a.m. | BREAKOUT SESSION ONE

Working up the Cardiovascular Patient Without Getting Worked up

Kevin Mainz, PA-C

- Review CAD, valve disease, arrhythmias and vascular disease basic pathophysiology
- Recognize CV signs/symptoms and how patients typically present
- Review tests/labs to order to evaluate the CV patient
- Examine how to interpret results of CV testing
- Discuss knowing when to refer to cardiology

Neuroanatomy: Imaging Correlates and Clinical Applications

Anita Bhansali, M.D.

- Describe the connections between neuroimaging findings, neuroanatomical structures and clinical presentations in patient
- Discuss how knowledge of neuroimaging and neuroanatomy can inform and improve clinical evaluation processes and patient management

Antibiotic Essentials: High Yield Insights on Beta Lactam

Monee' Carter-Griffen, D.N.P., MBA, MAOL, APRN, ACNP-BC

- Differentiate between the major sub-classes: penicillins, cephalosporins, carbapenems and monobactams
- Identify the spectrum of activity of the various subclasses against gram positive, gram negative and anaerobic bacteria
- Discuss how to optimize clinical use of beta-lactams in the inpatient and outpatient setting
- Apply prescribing knowledge to case-based scenarios

Mobile Health Innovation: The Impact of At-Home Care

Leigh Van Osselaer, M.S., MPAS, PA-C

- Explore innovative models of APPs delivering home-based healthcare
- Discuss healthcare benefits of on-demand, in-home medical care for both patients and healthcare systems
- Examine the challenges and opportunities of integrating on-demand care into healthcare systems
- Define how to utilize patient centric opportunities to optimize the healthcare outcomes of patients

10:50 – 11:30 a.m. | BREAKOUT SESSION TWO

Functional Neurosurgery: Philosophy and Practice

Anita Bhansali, M.D.

- Explain the underlying philosophy and principles guiding the functional neurosurgery
- Identify the various evaluation techniques and procedures utilized in functional neurosurgery

Gut Instincts: Understanding, Diagnosing and Treating Common GI Disorders and Knowing When to Refer

Thomas Lyles, M.D.

- Discuss common GI disorders seen in the outpatient setting
- Identify situations where an outpatient referral to gastroenterology specialist is necessary for optimal patient care

AI use in Direct Patient Care

Francesca Luppert, M.S.N., FNP-C

- Review providers role with AI use in healthcare
- Recognize different types of AI risks and benefits (such as Rule, based AI)
- Identify how AI can assist in responding the patient request and documentation
- Define how to efficiently use AI in patient care

Contemporary Evidence-Based Guidelines for Hip and Knee Osteoarthritis: The Path from Early Diagnosis to Advanced Care

Vivek Chadayammuri, M.D.

- Review nonoperative management strategies for early and mild hip and knee osteoarthritis, including pharmacological and lifestyle interventions
- Identify the key clinical indices that are known to optimize surgical outcomes for patients undergoing hip and knee replacement
- Address patient inquiries about how surgical technique, robotic technology utilization and institutional standards may affect clinical outcomes

11:30 a.m. – 12:50 p.m.

Lunch and State of the Organization and how it Relates to APP

Sunita Koshy-Nesbitt, M.D.; Shawn Parsley, D.O.

(not for CE credit)



1 – 1:40 p.m. | BREAKOUT SESSION THREE

Integrating Palliative Care into my Practice

Sarah Weber, M.S.N., APRN, A-GNP-C, ACHPN

- Review strategies for discussing sensitive topics such as prognosis, end-of-life preferences and advanced care planning
- Identify available tools to enhance discussions about sensitive topics
- Discuss how to measure and manage complex symptoms commonly seen in advanced and terminal illnesses
- Describe best practices regarding using outpatient resources, when to refer to palliative care providers and fostering collaboration among providers

Psychiatric Mental Health Considerations in the Pediatric Population: For Primary Care Providers

Latasha Baker, D.N.P., APRN, PMHNP-BC

- Discuss the prevalence, assessment and diagnosis of common mental health disorders in children and adolescents in the US
- Describe evidence-based treatments and common medications for children and adolescents with mental illness
- Identify common challenges and pitfalls in the assessment and treatment of children and adolescents with mental illness

Putting Patients to Sleep: Navigating the Drug Interaction Dreamscape

Jeannette Hamilton, CRNA

- Explain the implications of glucagon-like peptide 1 (GLP1) on anesthesia
- Discuss the implications of ACE inhibitors and ARBs on anesthesia
- Describe the early recovery after surgery (ERAS) protocol

Strategies for Renal Protection in Diabetic Kidney Disease

Basil Burney, M.D., FACE

- Review the prevalence of kidney disease in patients with type 2 diabetes
- Review how to screen and identify patients with DKD
- Discuss the importance of glucose and BP control to protect kidneys
- Explore different pharmacological options to protect kidneys from diabetes
- Discuss guideline recommendations for patients with diabetic kidney disease

1:50 – 2:30 p.m.

Mastering the Code: Tips for More Compliant and Productive Coding in Advanced Practice

Donna Thompson, CPC & CEMC

- Provide an overview of some coding principles relevant to APPs
- Review most relevant coding guidelines, updates and changes to empower APPs to navigate coding complexities with greater confidence and production

2:30 – 3:30 p.m.

Networking Event

A dedicated time for networking, allowing attendees to connect with peers, speakers and organization leaders in a relaxed setting.

conference | faculty



**Latasha Baker, D.N.P.,
APRN, PMHNP-BC**

Assistant Professor of
Professional Practice
Psychiatric Mental Health
Nurse Practitioner
Program Coordinator
Harris College of Nursing and
Health Sciences
Texas Christian University
Fort Worth, Texas



Sunita Koshy-Nesbitt, M.D.

Chief Medical and Quality Officer
Texas Health Physicians Group
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Anita Bhansali, M.D.

Functional Neurosurgeon
Texas Health Neurosurgery &
Spine Specialists
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**Francesca Luppert, M.S.N.,
FNP-C**

Nurse Practitioner
Texas Health Physicians Group
Fort Worth, Texas



Basil Burney, M.D., FACE

Endocrinologist
Endocrine and Thyroid Cancer Center
Colleyville, Texas



Thomas Lyles, M.D.

Gastroenterologist
Digestive Health Associates of Texas
Bedford, Texas



Vivek Chadayammuri, M.D.

Orthopedic Surgery
Joint Replacement Physician
Texas Center for
Joint Replacement - Plano
Plano, Texas



Kevin Mainz, PA-C

Physician Assistant
Texas Health Heart &
Vascular Specialists
Dallas, Texas



**Monee' Carter-Griffen, D.N.P.,
MBA, MAOL, APRN, ACNP-BC**

Chief Learning Officer
Exceed Healthcare
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Shawn Parsley, D.O.

President and Chief Operating Officer
Texas Health Physicians Group
Arlington, Texas



Jessica Dudley, M.D.

Chief Clinical Officer
Press Ganey
Boston, Massachusetts



**Donna Thompson, CPC
& CEMC**

Billing/Coding Manager
Texas Health Resources
Arlington, Texas



Jeannette Hamilton, CRNA

Certified Registered Nurse Anesthetist
US Anesthesia Partners
Grapevine, Texas



**Leigh Van Osselaer, M.S.,
MPAS, PA-C**

Area Clinical Operations Manager
DispatchHealth
San Antonio, Texas



**Sarah Weber, M.S.N., APRN,
A-GNP-C, ACHPN**

Nurse Practitioner
Texas Health Physicians Group
Fort Worth, Texas

Accreditation

In support of improving patient care, Texas Health Resources is jointly accredited by the



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INTERPROFESSIONAL CONTINUING EDUCATION

Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education or the healthcare team.



Texas Health Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria

Designation of Credit

PHYSICIAN ASSISTANTS

This activity is designated for 3.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

ADVANCED PRACTICE REGISTERED NURSES

3.5 contact hours will be provided.

Registration Information

There is no registration fee for THPG providers; however, **RSVP IS REQUIRED**. There is a registration fee of \$90 for all non-THPG providers (INVITATION ONLY).

Registration closes on **Friday, February 15, 2025**. All registrations will be confirmed.

How to Register



Online: ce.TexasHealth.org

- Log in/create an account
- Search for "Advanced Practice Provider Conference"
- Click Register - Take Course
- Complete Registration
- You will receive a confirmation email. If you don't receive a confirmation email, please verify your email address.

For Additional Information, email or visit us online:



THRJA@TexasHealth.org



ce.TexasHealth.org

location



OMNI HOTEL LAS COLINAS

221 Las Colinas Blvd. E. | Irving, TX 75039

CANCELLATION

If you registered but cannot attend, you may submit a written request for refund of the registration fee (less \$10 administrative fee). Requests must be received by **Friday, February 15, 2025**. No refunds will be issued after this date. There is no charge for a substitute registrant. In the event of conference cancellation, notification will be given two weeks in advance of the conference and the fee fully refunded.

