

Tuesday, August 1, 2023
Noon – 1 p.m.

“Removing Diet Culture from Mental Health Care”

Presenter:

Katherine Foutz, LCSW, LCDC

Co-founder and Therapist

Annie’s Counseling

Click here to [Click here to join the meeting](#)

Join by phone: **682-273-0674** Conference ID: **225 506 385#**

Objectives: Upon completion of this activity, the participants should be able to:

- Recognize the ongoing harm caused by diet culture
- Challenge personal biases about larger bodies and body diversity
- Describe how to work collaboratively and compassionately to create weight neutral healthcare experiences for patients

Program Director: Dustin Webb, LCSW, *administrator, department of psychiatry, Texas Health Presbyterian Hospital Dallas, Dallas, Texas*

Target Audience: This interprofessional activity is designed for psychiatrists, nurses and social workers. We also invite psychologists, occupational therapists, physical therapists, recreational therapists, mental health technicians, EMS, clergy and administrators to attend.

Format: Didactic lecture with question and answer session

Accreditation: In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



This program complies with the continuing education statutes and rules of the Texas Behavioral Health Executive Council.

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Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 1 contact hour will be provided for nursing

Social Workers and Licensed Professional Counselors: 1 clock hour will be provided for social workers and licensed professional counselors

Additional Information: For more information, please contact THRJA@texashealth.org or visit ce.texashealth.org