

**Tuesday, March 7, 2023**

Noon – 1 p.m.

**“Trauma-Informed Care Through a Yogic Lens”***Presenter:***Jamille Perryman, BSN***Registered Yoga Teacher**Texas Health Huguley Hospital Fort Worth South  
Burleson, Texas***Location:** Click here to [Join Microsoft Teams Meeting](#)Join by phone: **682-273-0674** Conference ID: **366 830 885#****Objectives:** Upon completion of this activity, the participants should be able to:

- Recognize key elements of trauma-informed care through a yogic lens
- Examine the impact of yogic breath on the vagus nerve and emotional regulation
- Acknowledge the benefits of how yoga can positively affect the multidisciplinary team both personally and professionally

**Program Director:** Dustin Webb, LCSW, *administrator, department of psychiatry, Texas Health Presbyterian Hospital Dallas, Dallas, Texas***Target Audience:** This interprofessional activity is designed for psychiatrists, nurses and social workers. We also invite psychologists, occupational therapists, physical therapists, recreational therapists, mental health technicians, EMS, clergy and administrators to attend.**Format:** Didactic lecture with question and answer session**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

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INTERPROFESSIONAL CONTINUING EDUCATION

This program complies with the continuing education statutes and rules of the Texas Behavioral Health Executive Council.

**Designation of Credit:****Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.**Nurses:** 1 contact hour will be provided for nursing**Social Workers and Licensed Professional Counselors:** 1 clock hour will be provided for social workers and licensed professional counselors**Additional Information:** For more information, please contact [THRJA@texashealth.org](mailto:THRJA@texashealth.org) or visit [ce.texashealth.org](http://ce.texashealth.org)