

**January 4, 2023****“An Update on Lipid Lowering – Beyond Statins”****Marc-André Cornier, M.D.***Professor of Medicine, James A. Keating Endowed Chair in Diabetes  
Director, Division of Endocrinology, Diabetes & Metabolic Diseases | Department of Medicine  
Medical University of South Carolina – Charleston, South Carolina***Objectives:**

- Discuss cholesterol physiology and mechanisms of lipid-lowering therapies.
- Review currently available “newer” non-statin lipid-lowering therapies and their roles.
  - Discuss new potential therapies.

**January 11, 2023****“Percutaneous Therapies for Thyroid Nodules”****Noah B. Appel, M.D., FACR, RPVI, RVT***Chairman and Medical Director, Department of Radiology and Vascular Lab  
Texas Health Presbyterian Hospital Dallas – Dallas, Texas***Objectives:**

- Discuss imaging assessment and biopsy of thyroid nodules.
- Review indications for percutaneous treatment of a thyroid nodule.
- Discuss the basics of radiofrequency ablation and other percutaneous therapies for thyroid nodules.

**January 18, 2023****“Pearls and Pitfalls for Adrenal Insufficiency”****Richard Auchus, M.D., Ph.D.***Professor of Internal Medicine | Professor of Pharmacology  
James A Shayman and Andrea S Keavrick Professor of Translational Medicine  
University of Michigan Medical School - Ann Arbor, Michigan***Objectives:**

- Review interpret screening and confirmatory tests for adrenal insufficiency.
- Discuss titrate glucocorticoid and mineralocorticoid therapy for adrenal insufficiency.
- Discuss how to list and prioritize the differential diagnosis of adrenal insufficiency.

**January 25, 2023****“An Update in Acromegaly”****Elizabeth E. King, M.D.***Endocrinology, Diabetes, and Metabolism  
Endocrine Associates of Dallas, PA – Dallas, Texas***Objectives:**

- Review the pathophysiology of acromegaly.
- Discuss the diagnostic approach to a patient with suspected acromegaly.
- Explore modalities, both medical and surgical, for the treatment of acromegaly.

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except for resident doctors in the hospital's graduate medical education program. © 2023 Texas Health Resources.*

**Target Audience:** This activity is designed for internal medicine physicians and residents. We also invite physician assistants, nurse practitioners, nurses, and allied health professionals.

**Department Chair:** David Gonzales, M.D. – *chairman*, Department of Internal Medicine | Texas Health Presbyterian Hospital Dallas – Dallas, Texas

**Program Director:** Richard Sachson, M.D. – endocrinology, diabetes, and metabolism, Texas Health Presbyterian Hospital Dallas – Dallas, Texas

**Format:** Didactic lecture with question-and-answer session

**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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**Designation of Credit:**

**Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** 1 contact hour will be provided for nursing.

**Physician Assistants:** This activity is designated for 1 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

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