

The Dr. Robert S. and Joyce Pate Capper
Heart Symposium



Virtual via Livestream

February 5, 2022

7:50 - 11:45 a.m.

John Willard, M.D. | Program Chair

Cardiologist

Texas Health Harris Methodist Hospital Fort Worth

Texas Health Physicians Group

Texas Health Heart and Vascular Specialists | Fort Worth, Texas

PROVIDED BY



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Texas Health
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CE.TexasHealth.org

Symposium Target Audience

This interprofessional symposium is designed for physicians, physician assistants, advanced practice nurses, registered nurses and other allied health professionals in the following specialties: cardiovascular, critical care medicine, emergency medicine, family medicine, geriatric, hospitalist, internal medicine, primary care and vascular surgery.

Topics & Objectives

Upon completion of this educational activity, participants should be able to:

Atrial Fibrillation: Rate Versus Rhythm Control

- Discuss prevalence and complications of atrial fibrillation
- Review when and why to pursue a rhythm control strategy
- Describe lifestyle changes that reduce atrial fibrillation burden
- Discuss atrial fibrillation ablation and post op care

Strokes and Atrial Fibrillation: Detection, Burden and Protection

- Review historical data linking atrial fibrillation with stroke risk
- Discuss atrial fibrillation stroke risk and bleed risk scores: CHADS2-VASc and HAS_BLED
- Recognize atrial fibrillation detection from personal devices to implantable loop monitors
- Review AHA/ACC/HRS atrial fibrillation stroke prevention guidelines
- Discuss benefits and risks of systemic anticoagulation and mechanical left atrial appendage closure/removal
- Describe the limited role of aspirin in stroke reduction in patients with atrial fibrillation
- Communicate with patients and families in a responsive and responsible manner to prevent strokes in those with atrial fibrillation and high-risk factors

Contemporary Approach to Mechanical Circulatory Support and Heart Transplant: When, How, Which and Why?

- Identify best practices and strategies regarding mechanical circulatory support and transplant for patients with advanced heart failure
- Review treatment decision making and collaboration between all members of a patient's care team
- Discuss a patient-centered approach toward strategizing for optimal long-term survival

Advanced Heart Failure in 2022

- Discuss standard of care for patients with chronic heart failure
- Recognize simple clinical clues to identify patients with advanced heart failure
- Discuss expected natural history of patients with advanced heart failure
- Review key takeaways from AHA Scientific Statement from 10/2021 about timely and appropriate referral of patients with advanced heart failure
- Discuss how care of patients with advanced heart failure can be improved through team-based care
- Explain how implicit bias may impact decision making regarding referral of patients with advanced heart failure for LVAD/heart transplantation

Acknowledgements

We would like to gratefully acknowledge the late Dr. Robert S. and Joyce Pate Capper for their generous support of the symposium.

Special thanks for operational support provided by Texas Health Resources University.

Agenda

FORMAT: *The primary educational methods include didactic lectures with interactive question-and-answer time during and following each presentation.*

7:50 a.m.

Welcome and Announcements

8 a.m.

Atrial Fibrillation:

Rate Versus Rhythm Control

Nitin Kulkarni, M.D.

8:45 a.m.

Strokes and Atrial Fibrillation:

Detection, Burden and Protection

Theodore Takata, M.D., FACC, FHRS

9:30 a.m. | Break

9:40 a.m.

Contemporary Approach to Mechanical Circulatory Support and Heart Transplant: When, How, Which and Why?

Maryjane Farr, M.D., M.Sc., FACC, FAST

10:40 a.m.

Advanced Heart Failure in 2022

Mark Drazner, M.D., M.Sc.

11:40 a.m.

Closing Remarks and Evaluation

11:45 a.m. | Adjournment



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Accreditation

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Texas Health Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria.



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Designation of Credit

PHYSICIANS - The Texas Health Resources designates this live activity for a maximum of 3.50 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANTS - This activity is designated for 3.50 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

PHARMACISTS - Texas Health Resources designates this knowledge-based activity for 3.50 ACPE credits.

ETHICS - The presentations "Advance Heart Failure in 2022" and "Contemporary Approach to Mechanical Circulatory Support and Heart Transplant: When, How, Which and Why?" have been designated by Texas Health Resources for 2 credits of education in medical ethics and/or professional responsibility.

NURSES AND ADVANCED PRACTICE NURSES 3.50 contact hours will be provided.

RADIOLOGY TECHNOLOGISTS - This activity has been approved for 3 category A CE credits by the American Society of Radiologic Technologists.

CARDIAC REHABILITATION - An application has been made to the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) for 3.50 continuing education (CE) credits.

RESPIRATORY THERAPISTS - This program has been submitted for approval for a maximum of 3.50 contact hours Continuing Respiratory Care Education (CRCE) credits by the American Association for Respiratory Care, 9425 N. MacArthur Blvd. Suite 100 Irving TX 75063.

EMS - EMS professionals may claim continuing education hours sponsored by a hospital or other health-care facility accredited by the Joint Commission on Accreditation of Health Care Organizations or sponsored by a national organization in a related field such as medicine, nursing, respiratory care, and similar fields of health care practice that has been approved by the department.

How to Register

- **Online:** CE.TexasHealth.org
- **Log in/create an account**
- **Search for "Capper Heart Symposium"**
- **Click Register – Take Course**
- **Complete Registration**
- **You will receive a confirmation email within the hour. If you don't receive a confirmation email, please verify your email address.**

Please note this year's conference is 100% online.

Registration Fees

Physicians - \$75

Non-Physicians - \$50

Please register by **Friday, February 4, 2022.**

All registrations will be confirmed.

Registration will close at Midnight on Friday, February 4, 2022.

Additional Information

For additional information, contact the Accreditation Office by email at

THRJA@TexasHealth.org or visit us online at CE.TexasHealth.org.

CANCELLATION: If you registered but cannot attend, you may submit a written request for refund of the registration fee (less \$10 administrative fee). Requests must be received by **Friday, January 28, 2022**. No refunds will be issued after this date. There is no charge for a substitute registrant. In the event of symposium cancellation, notification will be given two weeks in advance of the symposium and the fee fully refunded.