

**Tuesday, December 7, 2021**  
Noon – 1 p.m.

## **“An Introduction to Brief Cognitive Behavioral Therapy for Suicide Prevention”**

*Presenter:*

**Ken Jones, PsyD, LCSW-S**

*Administrator of Behavioral Health*

*Texas Health Arlington Memorial Hospital, Arlington, Texas*

**Location:**

**Microsoft Teams Meeting**

Click here to [Join Microsoft Teams Meeting](#)

Join by phone: **682-273-0674** Conference ID: **366 830 885#**

**Objectives:** Upon completion of this activity, the participants should be able to:

- Examine prevalence rates and current approaches to Suicide Prevention
- Discuss the empirical basis for the use of Brief Cognitive Behavioral Therapy for Suicide Prevention (BCBT-SP) with suicidal patients.
- Discuss core principles of the approach, including a patient's experience of the “Suicidal Mode” thru the lens of the *Fluid Vulnerability Theory* of suicide.
- Identify basic BCBT-SP interventions and practical ways in which this approach can be implemented in multidisciplinary assessment and treatment.

**Program Director:** Dustin Webb, LCSW, *administrator, department of psychiatry, Texas Health Presbyterian Hospital Dallas, Dallas, Texas*

**Target Audience:** This interprofessional activity is designed for psychiatrists, psychologists, social workers, nurses, occupational therapists, physical therapists, recreational therapists, mental health technicians, clergy, administrators and other interested persons

**Format:** Didactic lecture with question and answer session

**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

This program complies with the continuing education statutes and rules of the Texas Behavioral Health Executive Council.

**Designation of Credit:**

**Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** 1 contact hour will be provided for nursing

**Social Workers and Licensed Professional Counselors:** 1 clock hour will be provided for social workers and licensed professional counselors

**Additional Information:** For more information, please contact [THRJA@texashealth.org](mailto:THRJA@texashealth.org) or visit [ce.texashealth.org](http://ce.texashealth.org)



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