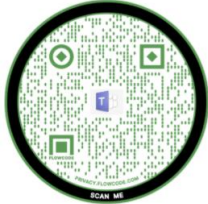


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DECEMBER 1, 2021

“Hypertension and Risk of Dementia: Evidence and Unknowns”

Rong Zhang, Ph.D.

*Professor – Neurology and Internal Medicine
Director – Cerebrovascular Laboratory, Institute for Exercise and Environmental Medicine
Texas Health Presbyterian Hospital Dallas & UT Southwestern Medical Center – Dallas, Texas*

Objectives:

- Discuss the state-of-the-art research development in dementia prevention.
- Review what we know and still need to know about the relationship between high blood pressure and risk of dementia.
- Identify the underlying pathophysiological mechanisms for which high blood pressure may be detrimental to brain structure and function.

DECEMBER 8, 2021

“Perioperative Care of Older Adults”

Sarah Wingfield, M.D.

*Assistant Professor, Department of Internal Medicine, Geriatric Medicine
Director – Perioperative Optimization of Senior Health (POSH) Program
UT Southwestern Medical Center – Dallas, Texas*

Objectives:

- Recognize the unique care needs of the older surgical patient and discuss how to address those needs in the preoperative and postoperative settings.
- Discuss models of care designed to improve the care of older adults in the perioperative period.

DECEMBER 15, 2021

“Delirium in the Older Adult - Identification, Prevention, and Treatment”

Jessica H. Voit, M.D.

*Assistant Professor, Department of Internal Medicine, Division of Geriatrics
UT Southwestern Medical Center – Dallas, Texas*

Objectives:

- Discuss the prevalence and the impact of delirium on the hospitalized older adult.
 - Identify how to recognize and formally screen for delirium.
- Review a multidisciplinary approach to preventing and treating delirium in hospitalized patients.

DECEMBER 22, 2021

CANCELED (Christmas Holiday)

DECEMBER 29, 2021

CANCELED (New Year's Holiday)

Doctors on the medical staff practice independently and are not employees or agents of the hospitals or Texas Health Resources except resident doctors in the hospital's graduate medical education program.

Target Audience: Internal medicine physicians, residents, physician assistants, nurse practitioners, nurses, allied health

Department Chair: David Gonzales, M.D. – *chairman*, Department of Internal Medicine
Texas Health Presbyterian Hospital Dallas – Dallas, Texas

Program Director: Diana Kerwin, M.D. – *chief, section of geriatric medicine*, Texas Health Presbyterian Hospital – Dallas, Texas

Format: Didactic lecture with question-and-answer session

Accreditation:

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Designation of Credit:

Physicians: The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 1 contact hour will be provided for nursing.



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