

**Wednesday, November 17, 2021**

12:30 p.m. – 1:30 p.m.

## “The Aging Spine”

*Presenter:*

**Todd Shanks, M.D.**

*Neuro and Spine Surgeon  
Texas Health Presbyterian Hospital Plano, Plano, Texas*

**Location:** **MICROSOFT TEAMS VIRTUAL MEETING**

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Call in (audio only) 682-273-0674; Conference ID 829 196 181#

**Objectives:** Upon completion of this activity, the participants should be able to:

- Identify the main causes of back and neck pain
- Examine the normal aging process and pathology related to degenerative disease
- Discuss treatment options for degenerative disc disease and facet disease, kyphosis and scoliosis, and osteoporosis

**Program Director:** Ted Wen, M.D., *diagnostic radiologist, Texas Health Presbyterian Hospital Plano, Plano, Texas*

**Target Audience:** Primary care physicians and specialists

**Format:** Panel discussion with question and answer session

**Accreditation:**

In support of improving patient care, Texas Health Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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**Designation of Credit:**

**Physicians:** The Texas Health Resources designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Additional Information:** For more information, contact [THRJA@texashealth.org](mailto:THRJA@texashealth.org) or visit our website [ce.texashealth.org](http://ce.texashealth.org).

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